

Un-Approved Medications

1. Narcotic pain medication
2. Ultram
3. Muscle Relaxants
4. Benzodiazepines, Including and not limited to:
 - a. Klonopin
 - b. Valium
 - c. Xanax
 - d. Ativan
 - e. Librium
 - f. Serax
 - g. Versed
5. Ambien & Sonata
6. Suboxone / Subutex/ Methadone
7. Ritalin, Adderall, Concerta & Vyvanse
8. Diet medications, Including and not limited to:
 - a. Meridia
 - b. Adipex
 - c. Dexedrine
 - d. Ephedrine
9. Neurontin (Gabapentin) – Exception made under certain circumstances
10. Seroquel
11. Any cold medication with a cough suppressant, antihistamine or alcohol
 - a. Dextromethorphan
 - b. Diphenhydramine
 - c. Pseudoephedrine
 - d. Nyquil
12. Creatine, including pre-workout drinks containing creatine.